

Meeting to carry out an objective evaluation of role with Manager/ employee to plan return to work.



Discussion of the job areas which may have contributed to the feelings of stress.

What parts of your job do you feel need to be changed in some way?

Use job description as a guide.



Use this space to detail what the problem was. If it was not a problem leave it blank.



Action Plan  
What can be done about it? Discussion between manager/ Employee.

Can we make any adjustments?



<p>Demands of Role</p>	From People		
	Realistic Deadlines		
	Tasks		
<p>Control Over</p>	Breaks		
	Time		
	Tasks		
<p>Support (Manager)</p>	Approachable		
	Encouraging		
	Help with Prioritising		
<p>Support (Colleagues )</p>	Respect		
	Supportive		
<p>Relationships.</p>	Strained		
	Bullied		
<p>Role.</p>	Clear job description		
	Skills		
	Aware of goals		
<p>Change</p>	Consulted		
	Is there anything else which was a source of stress for you at work or at home that may have contributed to you going off work with work related stress?		
	All changes to be agreed as operationally possible.		
	HR/OH can support in this process		